

## LUBLIN REGIONAL GUIDE

### I. WELCOME

- **Welcome to our Region**

We are pleased that you have chosen our region as a place where you can make another step in the development of your research career and take an active holiday in your free time. We hope that what we can offer to you will live up to your expectations.

This Guide gives an insight into the geography and culture of our region, as well as a few practical tips for foreigners on how to find their way in our region.

The Guide has been published by the Polish EURAXESS Services network created to provide information and help to mobile researchers in administrative, legal, educational and cultural matters.

- **The Regional EURAXESS Services Centre in Lublin** is attached to the Regional Contact Point for EU Research Programmes which is based at the Bohdan Dobrzański Institute of Agrophysics of the Polish Academy of Sciences. The Centre covers the Lublin Voivodship.

- **Address:**

ul. Doświadczalna 4;

20-290 Lublin

Tel.: (+48) 081 744 50 61

Fax: (+48) 081 744 50 67

E-mail : [mobility@ipan.lublin.pl](mailto:mobility@ipan.lublin.pl)

- **How to get to the Mobility Centre**

NB! Take only buses going in the direction of Felin - Os. Jagiellońskie

From the Lublin-Miasto Railway Station (Dworzec PKP Lublin-Miasto):

Take bus 28 at stop no. 3424 Dworzec Gł. PKP 04 (Dworcowy Square), which is situated in the vicinity of the entrance to the Station, and go to the final stop of the route.

From the Central Coach Station (Dworzec Główny PKS):

Walk for several hundred meters to stop no. 1262 Szewska 02 (Wodopojna Street), take bus 23 and go to the final step of the route.

From the city centre:

The best idea is to take bus 7 or 55 at the stop no. 1024 Plac Litewski 04 in the vicinity of the Post Office (Urząd Pocztowy Lublin 1 – Poczta Główna) at Krakowskie Przedmieście Street, and go to the final stop of the route.

## II. ABOUT THE REGION

### LUBLIN VOIVODSHIP:

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- **Introduction**

The Lublin Voivodship is situated in the southeastern part of Poland, in the inter-river area of the Vistula and the Bug. It borders Belarus and Ukraine. It is the third largest region of the country: it covers an area of ca 25 000 sq km (8% of the total area of Poland) and has a population of over 2 million. The capital of the region is Lublin, a city with a rich history dating back to the turn of the 6<sup>th</sup> and 7<sup>th</sup> centuries. Lublin was developing fast as a place suitably located on trade routes, above all those connecting the East with the West. At present, it is the largest city on the right bank of the Vistula and a very important academic centre of the country (with 5 public higher education institutions and over 20,000 graduates every year). The strong position of the region is also based on Puławy, a town where renowned research institutes are situated. Because of its geographical position and the course of historic events, our region has traditionally been a strong partner in contacts with the East and is a major transport hub.

- **Major cities and towns**

Lublin (350,000 inhabitants), Chełm (68,000), Zamość (67,000), Biała Podlaska (58,000), Puławy (49,000), Świdnik (40,000), Kraśnik (35,000)

- **Tourist attractions**

The rich cultural diversity of the region has its origins in the proximity and strong influences of Poland's eastern neighbours and the co-existence of a colourful mixture of nations (Poles, Jews, Russians, Belarusians, Ukrainians, Armenians). Among the traces of the past that have remained until the present today, there are numerous sacred temples of various religious denominations (Catholic churches, Orthodox churches, synagogues), with the 14<sup>th</sup> century Gothic Holy Trinity Chapel and its priceless Russo-Byzantine frescos from 1418 being the most precious monument of sacred art in Lublin. The main tourist attraction in Lublin is the route stretching straight across the city centre – from Krakowskie Przedmieście Street through the promenade and the Old Town to the Castle. Even the institutions, hotels and government offices situated in the first part of the route are housed in historic buildings with a long history (for example, the Czartoryski Palace and the Lubomirski Palace at Litewski Square). The promenade in Krakowskie Przedmieście Street, full of cafes, restaurants and shops, is a popular meeting place for residents. To get to the Old Town, you will go through the Cracow Gate, which is perhaps the most distinctive structure in the city, combining elements of three architectural styles, Gothic, Renaissance and Baroque. Right beside, the New Town Hall, the seat of the municipal authorities, stands majestically overlooking the area.

The Old Town, the tourist and historic part of Lublin, also has a lot of attractions to offer. These include, for example, period tenement houses, the Old Town Hall, a church-and-monastery complex of the Dominicans (whose history is inextricably linked with the events under the Union between Poland and Lithuania in the 16<sup>th</sup> century), the Trinity Tower, the Józef Czechowicz Literary Museum, the Crown Tribunal, the Lublin Underground Route and the Lublin Castle, the main seat of the Lublin Museum since 1957. In other parts of the city, you will find, for example, the Archsee, the Lithuanian Square, the Wolności Square, the Lublin Village Open Air Museum, the Botanical Garden of the Maria Curie-Skłodowska University, the Wincenty Pol's manor and the Museum of Martyrdom in Majdanek, a sad monument of contemporary history.

*Interesting places worth seeing in Lublin Region:*

Zamość (the Market Square and burgher houses, the Collegiate Church, the Arsenal and citadel); Kazimierz Dolny (the Parish Church and Market Square, the Burgher houses and granaries); Chełm (the Basilica on the Hill, the Church of the Great Commission, the Underground Chalk Passages 'Labirynt'); Biała Podlaska (the Castle Complex with icon collection); Kozłówka (the Zamoyski Museum); Puławy (the Czartoryski Palace); Janowiec (the Firley Castle); Radzyń Podlaski (the Potocki Palace); Włodawa (the Synagogue, the orthodox Church); Jabłeczna (the Orthodox Monastery Complex); Kodeń (the Sanctuary of Our Lady of Kodeń); Romanów and Wola Okrzejska (the Józef Ignacy Kraszewski Museum).

- **Scenery and climate**

The Lublin region is famous for its picturesque natural sites, charming nooks and healthy climate. The voivodship has 2 national parks (the Roztocze National Park and the Polesie National Park) and more than a dozen landscape parks. You are invited to visit in particular the Łęczna-Włodawa Lake District, the Lubelskie Polesie region and the fabulous Roztocze region. However, tourists are also attracted to other towns in the region: Zamość, which is called the Pearl of Renaissance; Nałęczów, a charming spa and holiday resort; Krasnobród, a health resort; Kozłówka, one of the nicest palace and park complexes in Poland; and Kazimierz Dolny and Puławy, two towns delightfully situated on the Vistula.

- **Annual events**

A major event in the research community is the annual Lublin Festival of Science organised by higher education and other research institutions. The list of major events also includes the International Lublin Fair, often devoted to science and education, and numerous periodical cultural festivals such as the International Theatre Festival "Confrontations", the International Encounters of Dance Theatres, and the International Documentary Film Days "The Crossroads of Europe". Moreover, the Lublin region hosts in summer several events which have already gained a high reputation, including the Lublin Days of Old Town, the National Review of Town Bugle Calls, the Zamość Theatre Summer, the Film and Art Festival in Kazimierz Dolny and Janowiec, and the Summer Film Academy in Zwierzyniec.

*Selected annual events in Lublin:*

International Film Festival "Crossroads of Europe"

Summer Festival of Culture

Student Culture Days

The Night of Culture

Central Europe Theatre Festival "The Neighbours"

International Organ Festival Lublin-Czuby

International Days of Folklore

Different Sounds Festival Lublin-Lviv

Gardens of Songs

The Solo of Life Festival

Jagiellonian Fair

International Festival "Theatre Confrontations"

- **Tourist information**

Lublin Tourist Information Centre (*Lubelski Ośrodek Informacji Turystycznej*)

ul. Jezuicka 1/3, 20-113 Lublin; tel.: 081 532 44 12, e-mail: [infotur@loit.lublin.pl](mailto:infotur@loit.lublin.pl)

Biała Podlaska Tourist Information Centre  
ul. Warszawska 11, 21-500 Biała Podlaska; tel.: 083 342 62 89

Chełm Tourist Information Centre  
ul. Lubelska 63, 22-100 Chełm; tel.: 082 565 36 67

Zamość Tourist Information Centre  
ul. Rynek Wielki 13, 22-400 Zamość; tel.: 084 639 22 92

### III. RESEARCH IN THE REGION

- **Research potential in the region**

Lublin is a large and thriving academic centre. It has five renowned public higher education institutions and many non-public institutions with a total number of 100,000 students and over 20,000 graduates every year. All areas of science are represented here; the academic community, with their research profile covering a wide range of areas, has over 6,000 faculty members, including 1200 holding the academic title of Professor. Another regional centre which plays a significant role in the country is Puławy, represented by its famous research institutes. Academic and research institutions in the region have strong interest in international co-operation. The traditionally good research co-operation with the countries of Eastern Europe has gained a new dimension after the enlargement of the European Union. Institutions in the Lublin region increasingly often act as intermediaries establishing links between centres in the former Soviet Union and EU Member States. Prospects for further development of the region are also enhanced by a policy supporting innovation pursued already for some years, measures encouraging greater synergy between the research sector and the business sector, and the adoption of other good practices tested and proven in the West.

- **Selected higher education institutions and research institutes:**

**Public higher education institutions:**

**Lublin:**

Medical University of Lublin (*Uniwersytet Medyczny w Lublinie*): Al. Raławickie 1, 20-059 Lublin, <http://www.umlub.pl/>

University of Life Sciences in Lublin (*Uniwersytet Przyrodniczy w Lublinie*): ul. Akademicka 13, 20-950 Lublin, [www.up.lublin.pl](http://www.up.lublin.pl)

The John Paul II Catholic University of Lublin (*Katolicki Uniwersytet Lubelski Jana Pawła II, KUL*): Al. Raławickie 14, 20-950 Lublin, [www.kul.lublin.pl](http://www.kul.lublin.pl)

Lublin University of Technology (*Politechnika Lubelska*): ul. Nadbystrzycka 38D, 20-618 Lublin, [www.pollub.pl](http://www.pollub.pl)

Maria Curie-Skłodowska University in Lublin (*Uniwersytet Marii Curie-Skłodowskiej, UMCS*): Pl. Marii Curie-Skłodowskiej 5, 20-031 Lublin, [www.umcs.lublin.pl](http://www.umcs.lublin.pl)

**Chełm:**

Higher Vocational State School in Chełm (*Państwowa Wyższa Szkoła Zawodowa w Chełmie*): ul. Pocztowa 54, 22-100 Chełm, <http://www.pwsz.chelm.pl/>

**Biała Podlaska:**

Pope John II State School of Higher Vocational Education in Biała Podlaska (*Państwowa Wyższa Szkoła Zawodowa im. Papieża Jana Pawła II w Białej Podlaskiej*): ul. Sidorska 95/97, 21-500 Biała Podlaska, <http://www.pwsz.bialapodlaska.pl/>

**Zamość:**

Higher Vocational State School in Zamość (*Państwowa Wyższa Szkoła Zawodowa im. Szymona Szymonowica w Zamościu*): ul. Akademicka 8, 22-400 Zamość, <http://www.pwsz zamosc.pl/>

**Dęblin:**

Polish Air Force Academy in Dęblin (*Wyższa Szkoła Oficerska Sił Powietrznych*): ul. Dywizjonu 303 nr 12, 08-521 Dęblin, <http://www.wsosp.deblin.pl/>

**Other academic and research institutions:**

**Lublin:**

European PhD College of Polish and Ukrainian Universities (*Europejskie Kolegium Polskich i Ukraińskich Uniwersytetów*): ul. Marii Curie-Skłodowskiej 5, 20-029 Lublin, [www.ekpu.lublin.pl](http://www.ekpu.lublin.pl)

Institute of Agrophysics, Polish Academy of Sciences (*Instytut Agrofizyki Polskiej Akademii Nauk w Lublinie*): ul. Doświadczalna 4, 20-290 Lublin, [www.ipan.lublin.pl](http://www.ipan.lublin.pl)

Institute of Agricultural Medicine (*Instytut Medycyny Wsi*): ul. Jaczewskiego 2, 20-950 Lublin, [www.imw.lublin.pl](http://www.imw.lublin.pl)

National Research Institute of Animal Production (*Instytut Zootechniki Państwowy Instytut Badawczy*): ul. Chmielna 2, 20-079 Lublin, <http://klp.izoo.krakow.pl/>

Polish Academy of Sciences Branch in Lublin (*Polska Akademia Nauk Oddział w Lublinie*): Pałac Czartoryskich, Plac Litewski 2, 20-080 Lublin, <http://www.pan-ol.lublin.pl/>

**Puławy:**

Fertilizers Research Institute (*Instytut Nawozów Sztucznych*): Al. Tysiąclecia Państwa Polskiego 13a, 24-110 Puławy, [www.ins.pulawy.pl](http://www.ins.pulawy.pl)

Institute of Soil Science and Plant Cultivation (*Instytut Uprawy Nawożenia i Gleboznawstwa, IUNG*): ul. Czartoryskich 8, 24-100 Puławy, [www.iung.pulawy.pl](http://www.iung.pulawy.pl)

National Veterinary Research Institute (*Państwowy Instytut Weterynaryjny Państwowy Instytut Badawczy*): Aleja Partyzantów 57, 24-100 Puławy, [www.piwet.pulawy.pl](http://www.piwet.pulawy.pl)

Research Institute of Pomology and Floriculture, Apiculture Division Puławy (*Instytut Sadownictwa i Kwiaciarnictwa Oddział Pszczelnictwa w Puławach*): ul. Kazimierska 2, 24-100 Puławy, <http://www.opisik.pulawy.pl/>

**Non-public higher education institutions:**

**Lublin:**

Lublin Business School (*Lubelska Szkoła Biznesu*): ul. Konstantynów 1H, 20-708 Lublin, [www.lbs.pl](http://www.lbs.pl)

College of Economics and Innovation in Lublin (*Wyższa Szkoła Ekonomii i Innowacji w Lublinie*): ul. Mełgiewska 7-9, 20-209 Lublin, [www.wsei.lublin.pl](http://www.wsei.lublin.pl)

College of Social Studies in Lublin (*Wyższa Szkoła Nauk Społecznych w Lublinie*): ul. Obrońców Pokoju 2, 20-030 Lublin, [www.wsns.lublin.pl](http://www.wsns.lublin.pl)

College of Enterprise and Administration in Lublin (*Wyższa Szkoła Przedsiębiorczości i Administracji*): ul. Bursaki 12, 20-150 Lublin, <http://www.wspa.pl/>

University of Vincent Pol in Lublin (*Wyższa Szkoła Społeczno-Przyrodnicza im. Wincentego Pola w Lublinie*): ul. Choiny 2, 20-816 Lublin, [www.wssp.edu.pl](http://www.wssp.edu.pl)

**Zamość:**

Jan Zamoyski College of Humanities and Economics in Zamość (*Wyższa Szkoła Humanistyczno – Ekonomiczna im. Jana Zamoyskiego*): Koszary 8, 22-400 Zamość, [www.wszh-e.edu.pl](http://www.wszh-e.edu.pl)

Zamość University of Management and Administration (*Wyższa Szkoła Zarządzania i Administracji w Zamościu*): ul. Akademicka 4, 22-400 Zamość, [www.wszia.edu.pl](http://www.wszia.edu.pl)

## UNIVERSITY LIBRARIES IN LUBLIN

The Main Library of Maria Curie-Skłodowska University (*Biblioteka Główna Uniwersytetu Marii Curie-Skłodowskiej*)

ul. Radziszewskiego 11, 20-031 Lublin

<http://www.bg.umcs.lublin.pl/nowa/>

The Main Library of University of Life Sciences in Lublin (*Biblioteka Główna Uniwersytetu Przyrodniczego w Lublinie*)

ul. Radziszewskiego 11, 20-042 Lublin

<http://www.bg.up.lublin.pl/>

The Lublin University of Technology Library (*Biblioteka Politechniki Lubelskiej*)

ul. Nadbystrzycka 36A, 20-618 Lublin

<http://biblioteka.pol.lublin.pl/>

University Library of the John Paul II Catholic University of Lublin (*Biblioteka Uniwersytecka Katolickiego Uniwersytetu Lubelskiego Jana Pawła II*)

ul. Chopina 27, 20-023 Lublin

<http://www.kul.lublin.pl/191.html>

The Main Library of Medical University of Lublin (*Biblioteka Główna Uniwersytetu Medycznego w Lublinie*)

ul. Szkolna 18, 20-124 Lublin

<http://www.bg.am.lublin.pl/>

## IV. PRACTICAL INFORMATION

### 1. EMERGENCY TELEPHONE NUMBERS

997 – Police

998 – Fire Brigade

999 – Ambulance Service

986 – Municipal Guard

112 – Emergency telephone number accessible from both mobile and fixed phones; after an interview about the nature of the emergency, the operator will connect you with the relevant emergency service.

### 2. TRANSPORT IN THE REGION

#### TRANSPORT IN LUBLIN

**NB:** All ticket prices given in this section are valid for **July 2009**. Prices change fairly frequently, so you should always check whether they are still valid. All appropriate information is available in the English section of the Lublin public transport website (Municipal Public Transport [www.mpk.lublin.pl](http://www.mpk.lublin.pl)) or in buses of private operators.

The city of Lublin has both public urban bus and trolley bus services, and private transport services offered by a corporation of individual operators. Both providers use the same routes and stops. In private means of transport, you do not use tickets and pay your charge in cash after getting in (1.50 PLN per passenger regardless of their status). The public transport services have a well-developed network of outlets selling tickets which you need to stamp immediately after getting in. Tickets may be purchased from news-stands and travel cards from ticket windows or offices. Single tickets may also be purchased from the driver. Timetables are available on the above-mentioned website and at bus stops. Letter “p” beside the arrival time refers to a private operator.

#### Single tickets:

One ticket allows you to travel all the route in one direction only in the bus in which you have stamped your ticket. Therefore, when changing buses, you need to stamp a new single ticket each time. There are several types of tickets: full-fare tickets for 2.00 PLN, reduced-fare tickets for 1 PLN (for higher education students) and municipality tickets for 1.40 PLN (for example, for children aged 4 years until the admission to primary school). Public transport is free, for example, for children of up to 4 years of age and persons aged 70 years or older.

**NB:** If you use reduced-fare or municipality tickets, you should have a document entitling you to the reduced fare (e.g. identity card, document giving the age of your child, student identity card).

#### Travel cards:

You may also buy a 24-hour ticket which is valid for 24 hours after stamping (the price of a full-fare ticket is 10.00 PLN) or a 10-day, 30-day, 90-day and 150-day travel card for one or all lines. All travel cards are personal cards, and thus must be signed and give the address of the holder and the number of the bus line. They are valid only together with the holder's identity card. A travel card for one line is valid for the entire length of a given line, the symbol of which is shown on the card, as well as on the sections of other lines which overlap with this line.

#### TRANSPORT IN THE REGION

Lublin and its region have a very well developed private transport network. Minibuses go frequently to all bigger towns in the Lublin region. There are also good connections with other

voivodships; direct connections with Warszawa, Kraków, Gdańsk, Zakopane, Łódź, Kielce, Radom and other. This is undoubtedly the fastest and cheapest way of travelling. Depending on the operator, buses leave either from the stop at the Lublin Castle (Ruska Street) or from the Central Railway Station. Since transport services are provided by a large number of operators in the region, there is no single official website with a timetable. However, information updated fairly regularly is available at places from which buses leave.

Those who prefer to travel more comfortably or who travel for longer distances are advised to take a PKS (Road Transport Company) coach or a PKP (Polish National Railways) train.

#### PKS Bus Station

Central Bus Station: Al. Tysiąclecia 6, Lublin

South Bus Station: ul. Gazowa 4, Lublin

#### PKP Railway Station

Central Railway Station: Pl. Dworcowy 1, Lublin

### **PARKING IN THE CITY CENTRE**

You are required to pay a charge for parking your car in most parking sites in the city centre. Each such site is marked with a sign and a plate saying that this is a paid parking area on working days between 8.00 and 18.00. No charges are paid outside these hours and at the weekend. In order to pay for parking, you buy a parking ticket at a news-stand, or directly to ticket collectors, fill it and put it behind the car window. There are also private parking sites which may charge different hourly rates.

### **TAXI**

There are many taxi companies in Lublin, and the overwhelming majority of them have telephone numbers which you can call to order a taxi. You are also recommended to do so because you can pay more if you take a taxi which does not belong to a company or take a taxi in the street. Use only those with a taxi company number, avoid taxis which are not well marked and do not have a clearly displayed price per km.

You may call, for example, the following taxi numbers: 081 96 65; 081 96 62; 081 96 25; 081 96 81; 081 96 21; 081 96 63.

## **3. ADDRESSES OF GOVERNMENT OFFICES**

### **▪ Registration:**

Lublin Municipal Office, Department for Administrative Matters

*(Urząd Miasta Lublin, Wydział Spraw Administracyjnych)*

[www.um.lublin.pl](http://www.um.lublin.pl)

ul. Stanisława Leszczyńskiego 20/216, 20-069 Lublin

Tel.: 081 466 35 00;

Opening hours: Monday-Tuesday 7.30-17.00; Wednesday-Friday 7.30-15.30.

### **▪ Residence permit for citizens of EU Member States, residence permit for EU long-term residents, change of residence card, residence visa extension:**

Lublin Voivodship Office, Department of Citizens' Matters and Foreigners, Section for Foreigners

*(Urząd Wojewódzki w Lublinie, Wydział Spraw Obywatelskich i Cudzoziemców, Oddział Ds. Cudzoziemców)*

<http://www.uw.lublin.pl/>

ul. Północna 3, 20-064 Lublin

Tel.: 081 74 77 392



Opening hours: Monday 10.00-17.00, Tuesday-Friday 08.00-15.00

▪ **Work permit**

Lublin Voivodship Office, Department of Social Policy, Policy of Labour Market Section  
(*Lubelski Urząd Wojewódzki, Wydziału Polityki Społecznej, Oddział Polityki Rynku Pracy*)  
ul. Spokojna 4, office 45, 20-914 Lublin  
Tel.: 081 74 24 781

#### 4. HEALTH SERVICE

Researchers holding a valid European Health Insurance Card (EHIC) are entitled to free primary medical services in healthcare institutions which have concluded a contract with the National Health Fund (*Narodowy Fundusz Zdrowia, NFZ*). These institutions are marked with a plate with the following logo:



In the event of an emergency, you may use the ambulance service. Please remember, however, that should your call be unjustified, you will be charged for the services provided.

Once you have found a hotel or other accommodation for your stay in Lublin, please check where you have the closest out-patient clinic. It is advisable to go there and obtain all the necessary information before you may urgently need their services.

If you wish to see a general practitioner, you should first make an appointment (preferably by phone) and remember then to bring your identity card and medical insurance document. If you wish to see a specialist medical doctor you need a referral from your general practitioner. No referral is required to following specialists: obstetrician or gynaecologist, dentist, dermatologist, venereologist, oncologist, eye specialist, psychiatrist.

Please remember that prescriptions given by a medical doctor are valid only for 30 days, and those for antibiotics for 7 days.

Selected hospitals and pharmacies:

**24-hour Hospital Emergency Departments:**

- Voivodship Specialist Hospital (*Wojewódzki Szpital Specjalistycznym. Stefana Kardynała Wyszyńskiego*) in Lublin  
Address: Al. Kraśnicka 100, Lublin; tel.: 081 537 42 29, <http://www.szpital.lublin.pl/>
- Independent Public Clinic Hospital No. 4 (*Samodzielny Publiczny Szpital Kliniczny Nr 4*) in Lublin  
Address: ul. Jaczewskiego 8, Lublin; tel.: 081 747 57 10, <http://www.spsk4.lublin.pl/>
- Military Hospital with Out-Patient Clinic (*Szpital Wojskowy z Przychodnią*) in Lublin  
Address: Al. Raławickie 23, Lublin; tel.: 081 718 32 00, <http://www.1szw.pl/>

**Hospitals:**

Independent Public Voivodship Hospital (*Samodzielny Publiczny Szpital Wojewódzki im. Jana Bożego*)

Address: Biernackiego 9, Lublin; tel.: 081 740 20 39, <http://www.spszw.lublin.pl/>

District Railway Hospital (*Okręgowy Szpital Kolejowy*)

Address: ul. Kruczkowskiego 21, Lublin ; tel.: 081 760 42 00, <http://www.osk.lublin.pl/>

Children's Clinic Hospital (*Dziecięcy Szpital Kliniczny im. Prof. Antoniego Gębali*) in Lublin

Address: ul.Chodźki 2, Lublin; tel.: 081 743 13 80, <http://www.dsk.lublin.pl/>

**24-hour pharmacies:**

ul. Bramowa 2/8, tel.: 081 532 39 97  
ul. Krakowskie Przedmieście 49, tel.: 081 532 24 25  
ul. Fabryczna 1, tel.: 081 746 43 70  
ul. Ułanów 7, tel.: 081 527 43 21  
ul. Obywatelska 9, tel.: 081 747 36 22  
ul. Filaretów 44, tel.: 081 528 00 85  
ul. Hempla 3-5, tel.: 081 534 70 91

Moreover, virtually every bigger shopping centre has pharmacy which is also open on Saturdays and Sundays in the business hours of a given centre.

A list of hospitals and pharmacies “on duty” is also published in local daily newspapers.

## **5. BANKS, PAYMENTS**

When choosing a bank, you should first of all check its charges and commissions for operating a newly opened account and ease of access to cash machines in all parts of the city.

Banks are open from Monday till Friday, few of them also work on Saturday, and all are closed on Sundays and public holidays. However, you will find many 24-hour cash machines. Large banks have their own cash machines, and there are also independent cash machine networks (Euronet, Cash4YOU). If you have a card of a given bank, you may use its cash machines free of charge, whereas other card holders pay a commission. Some banks do not charge their clients for using Euronet cash machines or make only nominal charges. More detailed information can be obtained from your bank.

Charge cards are very popular; you may use this non-cash payment method in most bigger and medium-size shops as well as restaurants (where you can see card logos on the entrance door).

In some bigger supermarkets or chain shops, designated cash desks accept payments in euro at the exchange rate given there.

Currency may be exchanged in banks and exchange desks (the latter usually offering a better exchange rate).

You may not pay with traveller’s cheques in Poland. However, cheques may be cashed in some bigger banks.

Website addresses of major banks together with a list of cash machines in a given city are available in the section for foreign researchers of the Regional Portal.

## **6. POSTAL SERVICE**

Addresses of selected post offices in Lublin:

- ul. Krakowskie Przedmieście 50 (open 24 hours)
- Aleje Racławickie 31
- ul. Fabryczna 2
- ul. Narutowicza 80A
- ul. Grodzka 7
- ul. Langiewicza 10
- ul. Świętoduska 22
- ul. Zana 19.

## 7. POLISH LANGUAGE COURSES FOR FOREIGNERS

The Polish Language and Culture Centre for Polish People from Abroad and Foreigners  
UMCS (*Centrum Języka i Kultury Polskiej Dla Polonii i Cudzoziemców UMCS*)  
ul. Weteranów 18, 20-038 Lublin  
Tel.: (+48) 081 533 27 86, 081 537 54 25  
[www.cjkp.umcs.lublin.pl](http://www.cjkp.umcs.lublin.pl)

The School of Polish Language and Culture of the John Paul II Catholic University of Lublin  
(*Szkoła Języka i Kultury Polskiej Katolickiego Uniwersytetu Lubelskiego Jana Pawła II*)  
Al. Raławickie 14; 20-950 Lublin  
Tel.: (+48) 081 445 41 11  
[http://www.kul.pl/art\\_8284.html](http://www.kul.pl/art_8284.html)

## 8. ADDITIONAL INFORMATION

Portal of the Lublin Voivodship Marshall Office: <http://www.lubelskie.pl/en/>  
The Municipality of Lublin City: <http://www.um.lublin.pl/>  
Lublin in Wikipedia: <http://en.wikipedia.org/wiki/Lublin>  
Tourist attractions: <http://www.pl-info.net/poland/voivodships/lubelskie.html>  
Lubelskie Region – nature, tradition, hospitality:  
<http://www.turystyka.lubelskie.pl/index.php/lrt/page/135/>  
Lubelskie Region: <http://regiony.poland.gov.pl/lubelskie/>  
Lublin: <http://www.lublin.eu/>  
StayPoland > Lublin: [http://www.staypoland.com/about\\_lublin.htm](http://www.staypoland.com/about_lublin.htm)  
Biała Podlaska: <http://www.bialapodlaska.pl/>  
Chełm: <http://www.chelm.pl/>  
Zamość: <http://www.zamosc.pl/>  
Puławy: <http://www.um.pulawy.pl/>  
Kazimierz Dolny: <http://www.kazimierzdolny.pl/>  
Janów Podlaski: <http://www.janow.arabians.pl/>  
Cycling routes of Lubelskie Region: <http://www.szlakirowowe.lubelskie.pl/>